

Crunchy Asian Pink Lady @ Apple slaw

Serves 4 - 6



Ingredients:

Salad dressing

- ♥ 60 ml (¼ cup) olive or avocado oil
- ↑ 15 ml (1 tbsp) apple cider vinegar
- ↑ 15 ml (1 tbsp) soy sauce
- ♥ 15 ml (1 tbsp) finely grated fresh ginger
- 🜣 salt and pepper

- ♥ 1 small white cabbage, finely shredded
- 2 large carrots, cut into ribbons with a vegetable peeler
- ♥ 2 Pink Lady® Apples, skin on and thinly sliced
- 2 celery stalks, thinly sliced
- 2 kale leaves, roughly torn
- > handful each of fresh mint and coriander leaves
- > handful of salad sprouts

Method:

- 1. Salad dressing: Mix all the ingredients together and season to taste.
- 2. Salad: Toss all the salad ingredients together or layer the ingredients in a large glass bowl. Serve immediately with the salad dressing.





